

REAL Women Covenant In-Person/Online



REAL Women: Our Mission

The goal of REAL Women is to walk with women in every stage of life and encourage them to become passionate and productive followers of Christ.

REAL Women: Our Purpose

REAL Women exists to promote spiritual and personal growth through meaningful relationships and the study of God's Word. The following four principles will help us get the most out of our time together and the study of His Word.

RELATIONSHIPS

We desire to build an authentic community where women are connected to each other and friendships have the opportunity to grow. Each week we will take time to share what is happening in our lives.

Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well.

1 Thessalonians 2:8

ENCOURAGEMENT

We want to encourage each woman to see herself as Jesus does and to use the gifts God has given her to further His kingdom. We will build one another up. Prayer, encouragement, listening, challenging one another, and meeting real needs are some of the ways we can encourage one another.

Therefore encourage one another and build each other up, just as in fact you are doing.

1 Thessalonians 5:11

AUTHENTICITY

We will strive to create an environment where we can be honest with ourselves and vulnerable with each other. We are not here to boast of how much of the bible we know or how holy we are. Rather, let's be honest with ourselves, and vulnerable with each other. There is no expectation of any of us to know where all the books of the Bible are, how to pronounce every word in our text, or even know all of the Bible stories. No one here is perfect and we all have made mistakes that we can learn from. We are in this to learn together and support one another on this journey.

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, ⁴who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. 2 Cor. 1:3-4

LOVE

We hope to be known by our love for God, His word and the world around us. Spiritual growth is fostered not only by what we gain through the support and input of others, but also through serving others. We will use our God given gifts to be the hands and feet of Jesus to one another and the community around us.

If I speak in the tongues of men, but do not have love, I am only a resounding gong or a clanging symbol.

1 Corinthians 13:1

Commitments, Boundaries and Guidelines

For our group to be healthy, we need to...

1. **Make every effort to attend REAL Women each week.** We recognize that we all are part of the priesthood of Jesus Christ, and that He wants to use us to participate in each other's lives. We can't be used if we are absent. If we cannot attend we will call or email our table leader.
2. **Make every effort to come to REAL Women prepared to discuss the current study.** We know that the more we invest in our study, **the more we will get out of it**, and the more we can be used to inspire and sharpen one another. If we have not finished our homework we will still participate in our REAL Women meeting. We understand that we serve a graceful God, and that we can still benefit and glean from our time together.
3. **Treat each other with respect.** We will listen to one another actively, and not carry on side conversations, text or, multi-task during our time together. We will accept one another without judging, and **we will refrain from offering advice unless we are asked.** We want everyone to be themselves without concern of being corrected or advised.
4. **Keep everything that is shared in our groups confidential.** We want everyone to feel confident that they can be vulnerable with their hurts, history, and needs, and know that they will not be talked about. We only want to build people up in this group.
5. **Take care of one another.** Beyond caring for someone in a crisis with prayer, encouragement, listening and/or meals (*while adhering to social distancing guidelines*), we will care for our group each week. We will help our leader by striking the right balance of sharing our thoughts without dominating the conversation. We can only learn from each other if we are willing to share our thoughts, and everyone needs a chance to do that as they feel comfortable.
6. **Online Meeting Etiquette.** The following habits, when followed, will create a much more pleasant virtual meeting experience: Be on time. Look at the camera, not yourself. Take turns speaking. Mute yourself when not speaking. Eliminate excess background noise. Give your full attention to the meeting - try not to multi-task.
7. **Group Health Guidelines:** If you have any of the following symptoms, please do not attend your group in person: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting or diarrhea.

REAL Women: Details

1. **Dates:** We meet In Person/ Hybrid / Zoom. Our final meeting this season will be _____.
2. **Time:** We meet on _____ at _____AM / PM.
3. **Study:** Our study is " _____ " by, _____.
4. **Prayer:** No one will be forced to pray out loud in this group. As discussed above, everything said in this group, including what is said in prayer is to be kept in the group.
5. **Attendance:** We will make every effort to attend REAL Women each week with our homework complete. However, if we cannot come to a meeting, we will contact _____ at _____