

REAL WOMEN

Fall 2020 Study: Get Out Of Your Head by Jennie Allen Session 6, Week 11



1. Read Philippians 3:10. What does sharing Christ's sufferings mean to you? In what ways have you put confidence in your flesh? (verse 3)
2. What have you learned from Paul in these weeks?
3. What is difficult for you to forget and lay down?
4. In what ways have you let the past define you?
5. What are you most looking forward to about the changes God is bringing to your mind and your life?
6. If every thought bears fruit, what kind of fruit are you seeing in your life right now that reflects your thoughts?
7. What about speaking things out loud and laying down your last 2% could be freeing for you? What's stopping you?
8. The hardest part about change is the first tiny steps. What small steps can we help each other take this week?
9. What's been hard about this process? What's been most rewarding?
10. What is keeping you from maturing more?
11. Describe someone who has modeled mature faith to you.
12. Do you consider yourself mature? Why or why not?
13. What disciplines are you ignoring that could help mature you in your faith?
14. What has God used in your life to mature you in the past?
15. Who are some of the people looking to you to grow up in their faith?