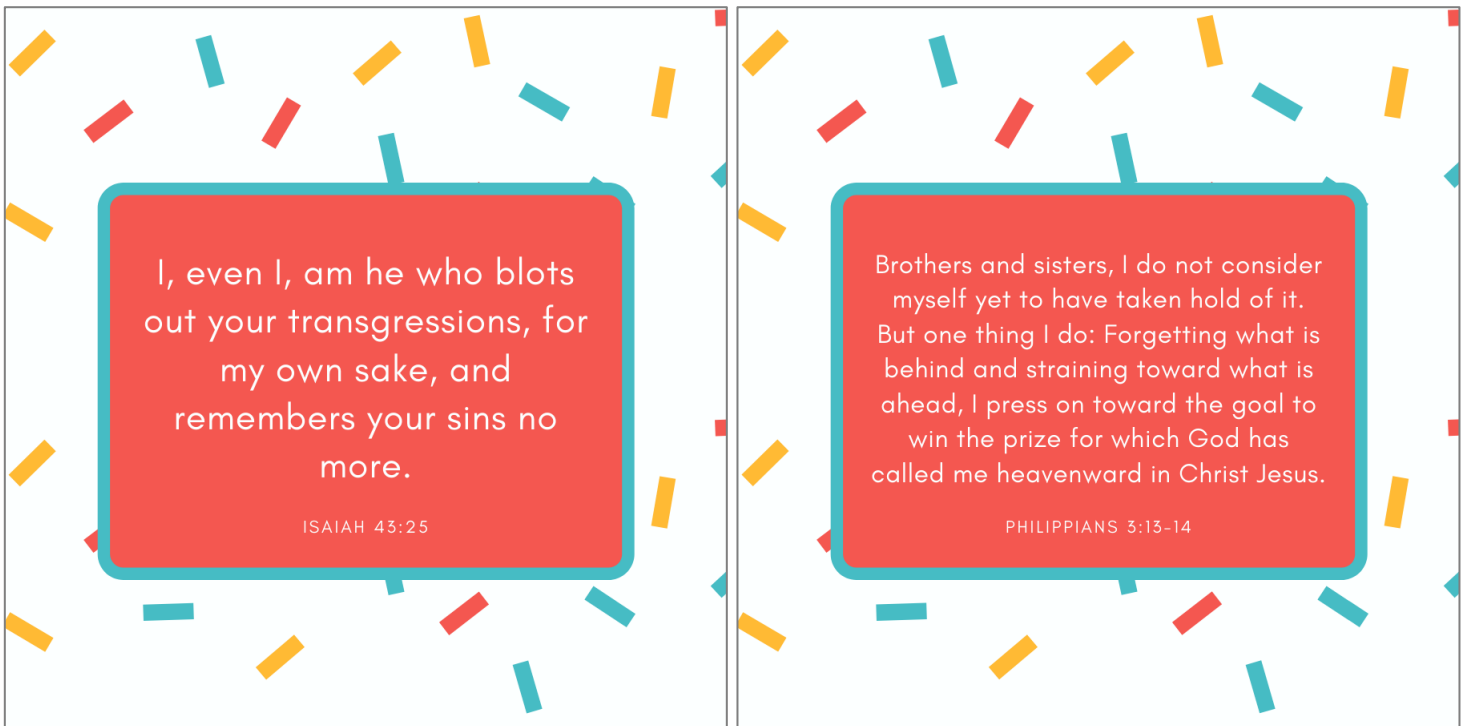


REAL WOMEN

Fall 2020 Study: Get Out Of Your Head by Jennie Allen Session 5, Week 9



1. What are the greatest barriers to thinking the truth instead of lies?
2. Which of this week's spirals is most familiar to you?
3. Which weapon this week are you excited about the most?
4. What new thing jumped out at you on your second reading of Philippians 2?
5. We are a product of our inputs. How have you found that to be true?
6. How have you experienced the shift of moving from inward-focus to others-focus?
7. Are you getting too comfortable? Explain.
8. What's exciting to you about knowing you're part of a story bigger than yourself? What's scary?
9. In what space do grumbling, anger, and arguing come out most in your life?
10. Of the four D's, Discontentment, Disillusionment, Discouragement, and Disengagement, which one do you tend to find yourself facing the most? Why?
11. How would connecting with others in a deeper way change your everyday life?
12. What has been your experience with intentional service? How has it affected you?
13. How has a victim mentality shown up in your life?
14. What are you grateful for?
15. What's most challenging for you about connecting with others?