

REAL WOMEN

Fall 2020 Study: Get Out Of Your Head by Jennie Allen Session 4, Week 6



1. Where do your feelings of entitlement come from?
2. Describe someone you know personally who has lived out humility.
3. What happens if you lose what you are entitled to?
4. How has humility been seen as a weakness?
5. Which of the "enemies of our minds" in our generation is most relevant to you?
6. How have we bought into the world's messages of empowerment? How are they different from God's message of empowerment?
7. What are you afraid of losing if you surrender your rights? Is it difficult when others don't notice things you have done for them? Why?
8. When's the last time you truly delighted in God's creation? What was it like?
9. What are you most cynical about?
10. What are the downsides of self-importance and individualism?
11. What are the loudest voices of distraction in your life? What would happen if they were paused?
12. If "all hell is against you meeting with Jesus," what is the thing that keeps you away from stillness with Jesus most?
13. Which of this week's spirals is most familiar to you? Why?
14. Which weapon this week are you most excited about?
15. What does it say about God that these are the weapons He gave us to fight with?