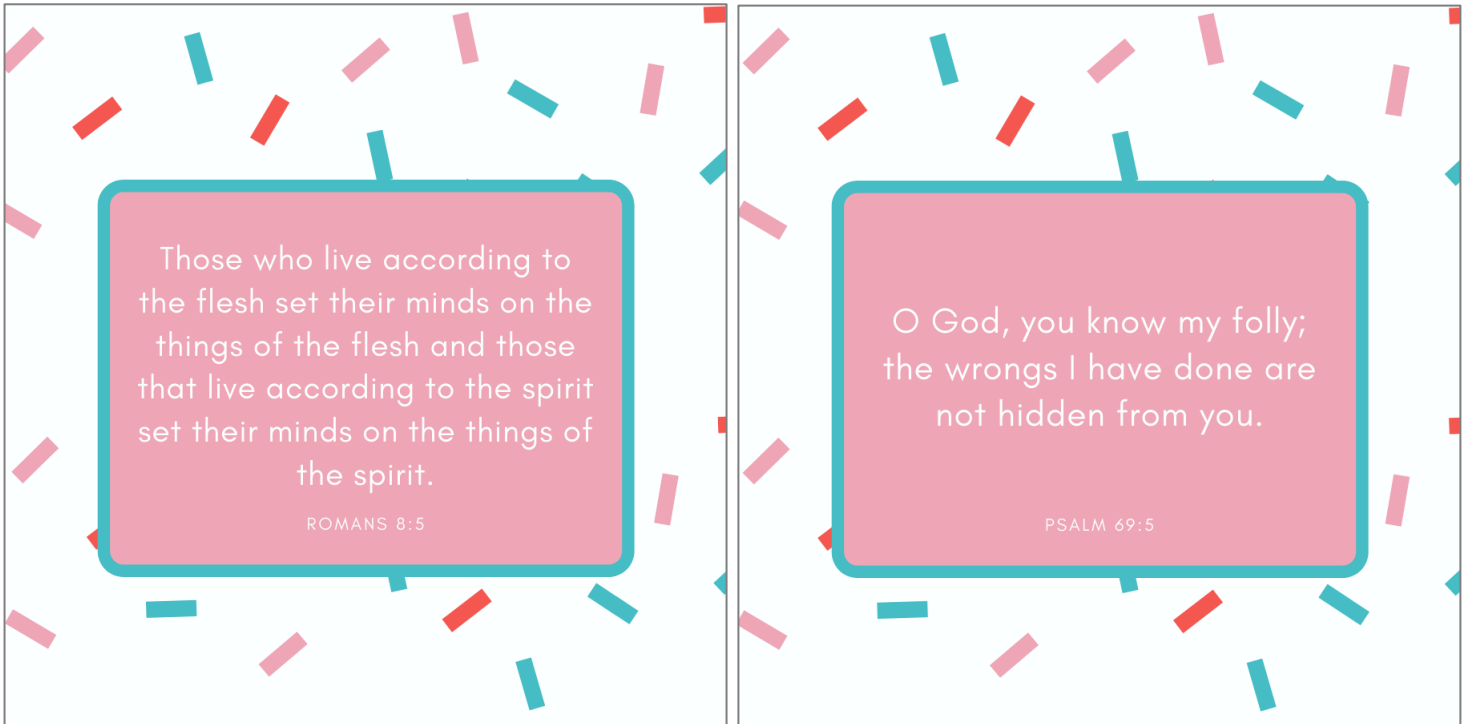


REAL WOMEN

Fall 2020 Study: Get Out Of Your Head by Jennie Allen Session 3, Week 4



1. Looking back at Romans 8:5-6, what concerns you about the things you think about?
2. How did Paul's perspective shift your perspective this week?
3. What is keeping Jesus from being the thing you live for?
4. What do you get out of living for the thing you are living for?
5. What could happen if Jesus replaced the main goal of your life?
6. Tell us about someone you know who has made Jesus the single goal of their life.
7. What is the thing you are living for rooted in? A fear, insecurity, concern? What do you think you are entitled to?
8. How was your experience with the STUDY portion this week? What did you notice about Observation, Interpretation, and Application?
9. What is the one thing you hope changes in your life because of this experience this week? What has that thing cost you?
10. How would your spirals look different if Jesus was at the center?
11. What did you find to be the difference between a mind set on the flesh and a mind set on the Spirit?
12. How do you react to the possibility of your difficult circumstances being used to advance the gospel?

13. What has been your experience with Scripture memory? Are you willing to try it as a way to change the wiring of your mind?
14. If "what we fixate on is going to turn into who we are and who we become," how would you want your fixations to change?
15. As a group, as teammates, what can we offer each other this week by way of support?